



MeHeLP Dissemination Conference

**Virtual Meet
Oct 20 – 27, 2021**

Introduction

As MeHeLP India project is reaching its closing, we invite you to take part in our final dissemination conference.

Through the three years of MeHeLP project, under difficult circumstances due the COVID pandemic, we have been able to engage with urban, rural and tribal communities in Kerala and across India. Our project contributed to fearless talk on developing culturally appropriate mental health literacies using interdisciplinary and creative arts-based approaches.

We hope the deliberations of this dissemination conference and resolutions thereof, will contribute to promoting culturally appropriate mental health literacy programmes in Kerala and across India, impacting on UN Sustainable development goals.

Hosted by

MeHeLP India

Our aim is to spread public awareness on mental health literacy in urban and rural India. Our work focuses on lived expertise stories of people with mental health problems and their families to promote public understanding about living with mental illness, help seeking and support for promoting mental health and wellbeing.

Our emphasis is on formulating knowledge in new, creative and accessible ways, through use of creative methodologies and media engagement as an intervention to enable knowledge to be used in genuinely empowering and emancipatory ways by the public and services in urban and rural India.

**Contact: +91 77366 29637
Email: info@mehelp.in**

What is the MeHeLP India project?

MeHeLP India (<https://www.mehelp.in/>) is a collaborative, international interdisciplinary disciplinary partnership project between Indian and UK based scholars, theatre and film makers examining the applicability and promotion of mental health literacy (MHL) in urban and rural communities. This project is the first of its kind in India and that was in Kerala. This research was funded by UKRI - Economic and Social Research Council (ESRC), Arts and Humanities Research Council (AHRC) and the Global Challenges Research Fund (GCRF).

According to the National Mental Health Survey of India 2017, residents from urban areas had a greater prevalence of mental health disorders and highlights that people from lower income quintiles also had a greater prevalence of one or more mental disorders. Kerala, with an estimated population of 35.5 million, is home to almost 3% of India's population and its land is three times more densely settled than the rest of the country. Kerala has a Human Development Index (HDI) of 0.79, which is "very high" and the highest of any state in India. It has the highest literacy rates among all Indian states at 98.9%, and a life expectancy of 74 years which is among the highest in the country. Kerala has one of the lowest fertility rates in India, which has caused a demographic shift as seen in many developed countries with 12% of its population over the age of 60.





The higher life expectancy and high level of education meant that our study is worthy in Kerala, because it represents the direction in which other regions in India desire to travel. Despite the health advances in Kerala, **14.4% of population aged 18 and above experience mental ill-health once in their lifetime, with 12.5% of individuals with suicidal risk.** This is the highest of all the states of India and is almost twice the national rate of 6.4%.



This elevated rate is attributed to the high number of people suffering from depression in the state. Mental health experts link the rise of depression to Kerala's fast socioeconomic transformations. These have coincided with decline of the joint family system, discrepancy between high standards of education and low employment, and labour migration to the Gulf States, resulting in 'gulf depression' of these migrants and of the women left behind. Moreover, the gap between high expectations, and often harsh socioeconomic realities, the heavy consumption of alcohol, and pressure exerted on children by the school system, also reportedly contribute to depression. In a state well known for its health care and general high development indicators, depression is a challenge!

Kerala has already demonstrated many community-based models in mental health and anthropologists have documented the range of

psychiatric, biomedical, ayurvedic, and religious healing practices available. However, despite the psychiatric pluralism, the richness of mental health services and the high HDI, stigma about mental illness is still widespread. In response to societal stigma, people with mental ill-health internalise public perceptions and are resistant to approach mental health facilities.

Creative arts-based interventions

Working alongside people accessing Mental Health support, their families and local communities, the project explored their stories, and their understandings of living with mental ill-health - considering these stories through social, economic and cultural factors. Our project explored the overall awareness of Mental Health Literacy in the Kerala context and provided theatre, storytelling and film-based platforms through which conversations around mental ill-health, self-awareness and stigmas was initiated in a meaningful way for urban, rural and tribal communities.



The project engaged with the local community through innovative interactive dramas reflecting their own stories

Project MeHeLP culminated in a range of innovative interactive drama and short film productions. The project also engaged with the general public beyond the local communities involved in the theatre interventions to consider their own Mental Health Literacies with a range of campaigns focusing on lived experience, channelled through social media platforms including Facebook, Twitter and Instagram.

Our online theatre and YouTube streaming connected with these platforms, enabled the public to engage in live online debate and started conversations across India on culturally appropriate Mental Health Literacies.

Conference objectives

- To disseminate culturally appropriate mental health literacy perspectives from Kerala and the rest of India
- To explore how public mental health and mental health literacies programmes can best be supported and developed, in ways that are practical, acceptable and appropriate.
- To consider how creative methodologies and other participative arts-based approaches can promote mental health literacies programme
- To consider implications for research, policy and practice in developing mental health literacies in urban, rural and tribal India

Who is this online Conference for?

This conference is aimed at medical, health and social care practitioners, service providers, health and social care researchers including academics, psychiatrists, psychologists, community workers, social workers and students. It is also for policy makers, policy implementers, NGOs, employers, corporate and social responsibility (CSR) sector.

Day 1: Oct 20, 2021

MENTAL HEALTH LITERACY IN KERALA

3.45 PM IST 11.15 AM (BST)	Conference lobby opens for interactive experiences		
4.30 – 4.45 PM IST (12.00 – 12.15 PM BST)	INAUGURAL ADDRESS Prof. Mohanan Kunnummel (Vice-Chancellor, Kerala University of Health Sciences)		
4.50 – 5.45 PM IST (12.20 – 01.15 PM BST)	CULTURALLY APPROPRIATE MENTAL HEALTH LITERACY Chair: Dr Shaji KS (Research Dean, Kerala University of Health Sciences) Topics and Speakers: <ul style="list-style-type: none"> Mental health care for all in Kerala <i>Professor Asha Banu Soletti (TISS, Mumbai)</i> Culturally appropriate mental health literacy <i>Professor Raghu Raghavan (De Montfort University UK, MeHeLP PI)</i> Interdisciplinary methodology for MeHeLP India project <i>Dr Nadia Svirydzienka (De Montfort University, UK)</i> Mental health user, family carer and neighbourhood perspectives from Urban, rural and tribal Communities <i>Dr Amanda Wilson, (De Montfort University, UK); Dr Sanjana Kumar, Aarcha Gowri Varma (MeHeLP Research Team)</i> Questions & Discussion		
5.50 – 6:30 PM IST (1.20 – 2.00 PM BST)	WORKSHOPS : MENTAL HEALTH LITERACY		
	Breakout Room 1	Breakout Room 2	Breakout Room 3
	Breaking the chain of stigma: Approaches and strategies Dr Asha Banu Soletti (TISS Mumbai)	Help Seeking and Management Dr Chitra Venkateswaran (MEHAC Foundation, Kerala)	Cultural adaptation of Western Scales on Mental Health Dr Nadia Svirydzienka (De Montfort University, UK)
6.30 – 6.40 PM IST (2.00 – 2.10 PM BST)	BREAK		
6:40 – 7:50 PM IST (2.10 – 3.20 PM BST)	PANEL KEYNOTES AND DISCUSSION Chair: Dr Manoj Kumar (Mental Health Action Trust, Kerala) Topics and Speakers: <ul style="list-style-type: none"> Peer support model in action <i>Ms Laxmi Sivakumar (Peer support group coordinator, MHAT)</i> Mental health literacy in urban Kerala in the pandemic context <i>Dr Varghese Punnoose (Psychiatrist, Kottayam Medical College)</i> Engaging with communities for mental health literacy <i>Dr Vinu Prasad V.G. (Associate Prof, Dept. Of Psychiatry, Palakkad Medical College, Representing Kerala Shastra Sahitya Parishad)</i> Tribal mental health perspectives <i>Dr Narayanan (Vivekananda Health Mission, Attappadi)</i> Questions & Discussion		

Day 2: Oct 21, 2021

CREATIVE APPROACHES FOR PROMOTING MENTAL HEALTH LITERACY

<p>3.45 PM IST 11.15 AM (BST)</p>	<p>Conference lobby opens for interactive experiences</p>		
<p>4.30 – 5.30 PM IST (12.00 – 01.00 PM BST)</p>	<p>CREATIVE AND PARTICIPATORY METHODOLOGIES</p> <p>Chair: Professor Raghu Raghavan (MeHeLP India PI)</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> • Co-production and Co-creation of theatre based methods <i>Andy Barrett (Excavate, Nottingham, UK)</i> • Applied theatre methodology and storytelling approach for research and practice <i>Professor Michael Wilson (Loughborough University, UK)</i> • The making of theatre for community engagement for mental health literacy <i>Dr Chandradasan (Lokadharmi Theatre, Kerala)</i> • Creative methods and participatory approach in action <i>Dr Sanjana Kumar; Aarcha Gowri Varma; Anagha CR (MeHeLP Research Team)</i> 		
<p>5:30 – 6:15 PM IST (1.00 – 1.45 PM BST)</p>	<p>WORKSHOPS : MENTAL HEALTH LITERACY</p>		
	<p>Breakout Room 1</p> <p>Theatre Methodology for research and practice</p> <ul style="list-style-type: none"> • Andy Barrett (Excavate Theatre, UK) • Dr. Chandradasan (Lokadharmi, Kerala) • Dr. Sam Manickam (Mental Health Action Trust) 	<p>Breakout Room 2</p> <p>Digital stories for research and practice</p> <p>Dr Melaneia Warwick (Loughborough University, UK)</p>	<p>Breakout Room 3</p> <p>Films for inclusive conversations on mental health</p> <p>Dr Erminia Colucci (Middlesex University, UK)</p>
<p>6.15 – 6.25 PM IST (1.45 – 1:55 PM BST)</p>	<p>BREAK</p>		
<p>6:40 – 7:50 PM IST (2.10 – 3.20 PM BST)</p>	<p>PANEL KEYNOTES PRESENTATIONS AND DISCUSSIONS</p> <p>Chair: Professor Michael Wilson (Loughborough University, UK)</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> • Film and mental health experiences <i>Archana Kavi (Actor)</i> • Film makers' role in promoting mental health literacy <i>Don Palathara (Film Director)</i> • Creative practices for mental health and wellbeing <i>Professor Brown (De Montfort University, UK)</i> • Community Mobilization for Mental Health Literacy programmes <i>Dr. Indu P.S. (Government Medical College, Kollam)</i> <p>Questions & Discussion</p>		

Day 3: Oct 22, 2021

Mental health literacy is the need of the hour

MENTAL HEALTH POLICY AND SERVICE IMPLICATIONS

<p>3.45 PM IST 11.15 AM (BST)</p>	<p>Conference lobby opens for interactive experiences</p>								
<p>4.30 – 5.30 PM IST (12.00 – 01.00 PM BST)</p>	<p>MENTAL HEALTH POLICY AND PRACTICE</p> <p>Chair: Dr. Sivakami Muthusamy</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> • How can mental health literacy shape mental health policy and practice in Kerala <i>Professor Raghavan/ Professor Brown (De Montfort University, UK)</i> • Inclusive community services for urban, rural and tribal Kerala <i>Dr Manoj Kumar (Mental Health Action Trust, Kerala)</i> <p>Questions and Discussion</p>								
<p>5:30 – 6:15 PM IST (1.00 – 1.45 PM BST)</p>	<p>WORKSHOPS : MENTAL HEALTH LITERACY</p> <table border="1" data-bbox="343 1210 1567 1484"> <thead> <tr> <th data-bbox="343 1210 759 1270">Breakout Room 1</th> <th data-bbox="759 1210 1161 1270">Breakout Room 2</th> <th data-bbox="1161 1210 1567 1270">Breakout Room 3</th> </tr> </thead> <tbody> <tr> <td data-bbox="343 1270 759 1484"> <p>Imagining mental health literacies for policy and practice</p> <p>Professor Raghu Raghavan (De Montfort University, UK)</p> <p>Dr. Brian Brown (De Montfort University, UK)</p> </td> <td data-bbox="759 1270 1161 1484"> <p>Mental health policy implications for Kerala</p> <p>Dr. Manoj Kumar (MHAT, Kerala)</p> </td> <td data-bbox="1161 1270 1567 1484"> <p>Can social media influence policy and practice?</p> <p>Dr Indrani Lahiri (De Montfort University, UK)</p> </td> </tr> </tbody> </table>			Breakout Room 1	Breakout Room 2	Breakout Room 3	<p>Imagining mental health literacies for policy and practice</p> <p>Professor Raghu Raghavan (De Montfort University, UK)</p> <p>Dr. Brian Brown (De Montfort University, UK)</p>	<p>Mental health policy implications for Kerala</p> <p>Dr. Manoj Kumar (MHAT, Kerala)</p>	<p>Can social media influence policy and practice?</p> <p>Dr Indrani Lahiri (De Montfort University, UK)</p>
Breakout Room 1	Breakout Room 2	Breakout Room 3							
<p>Imagining mental health literacies for policy and practice</p> <p>Professor Raghu Raghavan (De Montfort University, UK)</p> <p>Dr. Brian Brown (De Montfort University, UK)</p>	<p>Mental health policy implications for Kerala</p> <p>Dr. Manoj Kumar (MHAT, Kerala)</p>	<p>Can social media influence policy and practice?</p> <p>Dr Indrani Lahiri (De Montfort University, UK)</p>							
<p>6.15 – 6.25 PM IST (1.45 – 1:55 PM BST)</p>	<p>BREAK</p>								
<p>6:40 – 7:50 PM IST (2.10 – 3.20 PM BST)</p>	<p>PANEL KEYNOTES PRESENTATIONS AND DISCUSSIONS</p> <p>Chair: Professor Raghu Raghavan</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> • Community engagement for policy and service development <i>Dr. Jayaprakashan (Kerala Mental Health Authority)</i> • Mental health literacy for professional education programmes in Kerala <i>Dr. Shaji K S (Kerala University of Health Sciences)</i> • Mental health literacy for children and young people <i>Dr. Krishnakumar (Director, IMHANS, Kerala)</i> • Mental health literacy and suicide prevention <i>Dr. C J John (Medical Trust Hospital, Kerala)</i> • Rural and urban mental health welfare programmes <i>Dr. Akhil Manuel (National Health Mission, Ernakulam, Kerala)</i> <p>Questions & Discussion</p>								

Day 1: Oct 25, 2021

MENTAL HEALTH LITERACY IN INDIA

3.45 PM IST 11.15 AM (BST)	Conference lobby opens for interactive experiences		
4.30 – 4.45 PM IST (12.00 – 12.15 PM BST)	INAUGURAL ADDRESS Dr. Rakesh Chadda (All India Institute of Medical Sciences, New Delhi)		
4.50 – 5.45 PM IST (12.20 – 01.15 PM BST)	CULTURALLY APPROPRIATE MENTAL HEALTH LITERACY IN INDIA Chair: Professor Abha Singh, IILM University, New Delhi Topics and Speakers: <ul style="list-style-type: none"> Mental health care for all: Making it a reality <i>Professor Asha Banu Soletti (TISS, Mumbai)</i> Culturally appropriate mental health literacy? <i>Professor Raghu Raghavan (De Montfort University UK, MeHeLP PI)</i> Interdisciplinary methodology for MeHeLP India project <i>Dr Nadia Svirydzienka (De Montfort University, UK)</i> Mental health user, family carer and neighbourhood perspectives from urban, rural and tribal communities <i>Dr Amanda Wilson, (De Montfort University, UK); Dr. Sanjana Kumar (TISS Mumbai); Aarcha Gowri Varma (MEHAC foundation, Kerala)</i> Questions & Discussion		
5:50 – 6:30 PM IST (1.20 – 2.00 PM BST)	WORKSHOPS: MENTAL HEALTH LITERACY		
	Breakout Room 1	Breakout Room 2	Breakout Room 3
	Breaking the chain of stigma: Approaches and strategies Dr Asha Banu Soletti (TISS Mumbai)	Help Seeking and Management Dr Chitra Venkateswaran (MEHAC Foundation, Kerala)	Cultural adaptation of Western Scales on Mental Health Dr Nadia Svirydzienka (De Montfort University, UK)
6.30 – 6.40 PM IST (2.00 – 2.10 PM BST)	BREAK		
6:40 – 7:50 PM IST (2.10 – 3.20 PM BST)	PANEL KEYNOTES AND DISCUSSION Chair: Professor Raghu Raghavan (De Montfort University, UK) Topics and Speakers: <ul style="list-style-type: none"> Peer support models for mental health literacy <i>Mr. Vijay Nallawala (Bipolar India)</i> Inclusive and rights-based approaches for promoting mental health literacy <i>Ms. Priti Sridhar (Mariwala Health Initiative, India)</i> Bringing systems thinking into India’s national mental health programme <i>Dr. Rajib Dasgupta (Jawaharlal Nehru University, New Delhi)</i> Mental Health Literacy for thriving with resilience in the face of adversity <i>Dr. Roma Kumar (Senior Consultant Psychologist, Sir Ganga Ram Hospital, New Delhi)</i> Mental health Literacy: My experiences <i>Ms. Shubhrata Prakash</i> Questions & Discussion		

Day 2: Oct 26, 2021

CREATIVE APPROACHES FOR PROMOTING MENTAL HEALTH LITERACY

3.45 PM IST 11.15 AM (BST)	Conference lobby opens for interactive experiences								
4.30 – 5.30 PM IST (12.00 – 01.00 PM BST)	<p>CREATIVE AND PARTICIPATORY METHODOLOGIES</p> <p>Chair: Professor Asha Banu Soletti (TISS)</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> Co-production and Co-creation of theatre based methods <i>Andy Barrett (Excavate, Nottingham, UK)</i> Applied theatre methodology and storytelling approach for research and practice <i>Professor Michael Wilson (Loughborough University, UK)</i> The making of theatre for community engagement for mental health literacy <i>Dr Chandradasan (Lokadharmi Theatre, Kerala)</i> Creative methods and participatory approach in action <i>Dr Sanjana Kumar; Aarcha Gowri Varma; Anagha CR (MeHeLP Research Team)</i> <p>Questions & Discussion</p>								
5:30 – 6:15 PM IST (1.00 – 1.45 PM BST)	<p>WORKSHOPS : MENTAL HEALTH LITERACY</p> <table border="1" data-bbox="341 1385 1497 1668"> <thead> <tr> <th data-bbox="341 1385 730 1440">Breakout Room 1</th> <th data-bbox="730 1385 1107 1440">Breakout Room 2</th> <th data-bbox="1107 1385 1497 1440">Breakout Room 3</th> </tr> </thead> <tbody> <tr> <td data-bbox="341 1440 730 1668"> Theatre Methodology for research and practice <ul style="list-style-type: none"> Andy Barrett (Excavate Theatre, UK) Dr. Chandradasan (Lokadharmi, Kerala) Dr. Sam Manickam (Mental Health Action Trust) </td> <td data-bbox="730 1440 1107 1668"> Digital stories for research and practice Dr Melaneia Warwick (Loughborough University, UK) </td> <td data-bbox="1107 1440 1497 1668"> Films for inclusive conversations on mental health Dr Erminia Colucci (Middlesex University, UK) </td> </tr> </tbody> </table>			Breakout Room 1	Breakout Room 2	Breakout Room 3	Theatre Methodology for research and practice <ul style="list-style-type: none"> Andy Barrett (Excavate Theatre, UK) Dr. Chandradasan (Lokadharmi, Kerala) Dr. Sam Manickam (Mental Health Action Trust) 	Digital stories for research and practice Dr Melaneia Warwick (Loughborough University, UK)	Films for inclusive conversations on mental health Dr Erminia Colucci (Middlesex University, UK)
Breakout Room 1	Breakout Room 2	Breakout Room 3							
Theatre Methodology for research and practice <ul style="list-style-type: none"> Andy Barrett (Excavate Theatre, UK) Dr. Chandradasan (Lokadharmi, Kerala) Dr. Sam Manickam (Mental Health Action Trust) 	Digital stories for research and practice Dr Melaneia Warwick (Loughborough University, UK)	Films for inclusive conversations on mental health Dr Erminia Colucci (Middlesex University, UK)							
6.15 – 6.25 PM IST (1.45 – 1:55 PM BST)	<p>BREAK</p>								
6:40 – 7:50 PM IST (2.10 – 3.20 PM BST)	<p>PANEL KEYNOTES PRESENTATIONS AND DISCUSSIONS</p> <p>Chair: Professor Raghu Raghavan (MeHeLP India PI)</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> Mental health education and stigma reduction initiatives of LiveLoveLaugh <i>Anisha Padukone (CEO, LiveLoveLaugh)</i> Mental health Literacy through movies - The "Frame of Mind" experience <i>Dr. Mangala (SCARF India)</i> Postive mental health work by MindIndia <i>Dr. Sangeetha Goswami (MIND India)</i> Building community capacity for mental health and wellbeing <i>Dr. Kaustubh Joag (Centre for Mental Health Law and Policy, Indian Law Society, Pune)</i> Emerging research trends and scientific practices <i>Prof. Abha Singh (IILM University, New Delhi)</i> <p>Questions & Discussion</p>								

Day 3: Oct 27, 2021

Mental health literacy is the need of the hour

MENTAL HEALTH POLICY AND SERVICE IMPLICATIONS

3.45 PM IST 11.15 AM (BST)	Conference lobby opens for interactive experiences								
4.30 – 5.30 PM IST (12.00 – 01.00 PM BST)	<p>MENTAL HEALTH POLICY AND PRACTICE</p> <p>Chair: Dr. Nadia Svirydzenka</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> • How can mental health literacy shape mental health policy and practice in India <i>Professor Raghavan/ Professor Brown (De Montfort University, UK)</i> • Mental health education and mental health literacy <i>Dr. Meena Kolar Sridara Murthy (NIMHANS)</i> • Role of creative arts in influencing policy- a global perspective <i>Professor Monica Lakhanpaul (University College, London, UK)</i> <p>Questions and Discussion</p>								
5:30 – 6:15 PM IST (1.00 – 1.45 PM BST)	<p>WORKSHOPS : MENTAL HEALTH LITERACY</p> <table border="1" data-bbox="339 1325 1511 1591"> <thead> <tr> <th data-bbox="339 1325 732 1385">Breakout Room 1</th> <th data-bbox="732 1325 1114 1385">Breakout Room 2</th> <th data-bbox="1114 1325 1511 1385">Breakout Room 3</th> </tr> </thead> <tbody> <tr> <td data-bbox="339 1385 732 1591"> <p>Imagining mental health literacies for policy and practice</p> <p>Professor Raghu Raghavan (De Montfort University, UK)</p> <p>Dr. Brian Brown (De Montfort University, UK)</p> </td> <td data-bbox="732 1385 1114 1591"> <p>Mental health policy implications for India</p> <p>Dr. Manoj Kumar (MHAT, Kerala)</p> </td> <td data-bbox="1114 1385 1511 1591"> <p>Can social media influence policy and practice?</p> <p>Dr Indrani Lahiri (De Montfort University, UK)</p> </td> </tr> </tbody> </table>			Breakout Room 1	Breakout Room 2	Breakout Room 3	<p>Imagining mental health literacies for policy and practice</p> <p>Professor Raghu Raghavan (De Montfort University, UK)</p> <p>Dr. Brian Brown (De Montfort University, UK)</p>	<p>Mental health policy implications for India</p> <p>Dr. Manoj Kumar (MHAT, Kerala)</p>	<p>Can social media influence policy and practice?</p> <p>Dr Indrani Lahiri (De Montfort University, UK)</p>
Breakout Room 1	Breakout Room 2	Breakout Room 3							
<p>Imagining mental health literacies for policy and practice</p> <p>Professor Raghu Raghavan (De Montfort University, UK)</p> <p>Dr. Brian Brown (De Montfort University, UK)</p>	<p>Mental health policy implications for India</p> <p>Dr. Manoj Kumar (MHAT, Kerala)</p>	<p>Can social media influence policy and practice?</p> <p>Dr Indrani Lahiri (De Montfort University, UK)</p>							
6.15 – 6.25 PM IST (1.45 – 1.55 PM BST)	BREAK								
6:25 – 7:45 PM IST (1.55 – 3.15 PM BST)	<p>PANEL KEYNOTES PRESENTATIONS AND DISCUSSIONS</p> <p>Chair: Professor Monica Lakhanpaul (University College London, UK)</p> <p>Topics and Speakers:</p> <ul style="list-style-type: none"> • Community engagement and mental health literacy programme in Nagpur <i>Tasneem Raja (TATA Trusts, Mumbai)</i> • Will public health meet the many challenges of mental health? <i>Professor Srinath Reddy (Public Health Foundation of India)</i> • You don't know what you don't know: Barriers to accessing mental healthcare <i>Dr. Abhijit Nadkarni (London School of Hygiene & Tropical Medicine, UK)</i> • Human rights and mental health policy in India <i>Dr. Pratima Murthy (Director, NIMHANS)</i> • Mental health literacy in India: Affecting a systemic change <i>Manoj Chandran (White Swan Foundation)</i> <p>Questions & Discussion</p>								



Funded by



Project Team

